

Temple Beth Shalom of the West Valley

SHOFAR

Aug. 2025

AV-ELUL, 5785



Welcome New Member Shari Kirshner!



A MESSAGE FROM RABBI DANA EVAN KAPLAN

Please check out Rabbi Kaplan's blog for photos, interesting notes and more at <u>danakaplan.com</u>.

Preparing Our Heads and Hearts for the High Holy Days

As the days of Elul draw us closer to Rosh Hashanah and Yom Kippur, we enter a sacred time of reflection, renewal, and return. The High Holy Days are not simply holidays marked on a calendar — they are opportunities to pause, to listen inwardly, and to realign our lives with our deepest values. The High Holy Days give us an opportunity to reconnect with Judaism.

Our Temple is devoted to helping people to do the thinking and feeling work that we need to do to make ourselves more thoughtful and more in touch with their emotions. While we may be located in Sun City, we reach out to the entire West Valley, an area with possibly as many as 20,000 people of Jewish origin, almost all of whom are unaffiliated. We do our best to meet the spiritual needs of people of all ages as well as all backgrounds.

Rosh Hashanah, the birthday of the world, invites us to begin again. It is a time to ask: Who have I been this past year? Whom have I hurt? Where have I grown? We offer courses based on positive psychology which are designed to help us to reach our full human potential.

We sound the shofar not only to wake ourselves from spiritual slumber, but to remind ourselves that change is possible — even now, even for us. While acquiring material objects has its place in life, Judaism teaches us that there is much more. Rosh Hashanah begins on Sept. 22.

CONTINUED NEXT PAGE

Rabbi Kaplan's message continued

Yom Kippur, the Day of Atonement, offers us the courage to face our mistakes with honesty and compassion. It is not about pointless guilt but about meaningful emotional growth. Teshuvah — returning to the person we are meant to be — is the work of the season. It requires humility, accountability, forgiveness and/or Letting Go, both from ourselves and from others.

Many of us have walked long paths in life, and yet the High Holy Days remind us that renewal is always within reach. No matter our age or stage, our souls are still unfolding. Let us approach these days with open hearts, with sincerity in prayer, and with a readiness to heal relationships — with family, with community, and with God.

May this season uplift us, inspire us, and guide us toward a sweeter, more compassionate new year.

Shanah Tovah U'Metukah — a good and sweet year to you all.





NOTES FROM CANTOR BARUCH KORITAN

Hoping to see you at our Selichot Service on Saturday evening, September 13th. One of my favorite events, yet not well-known to some folks, Selichot means 'forgiveness.' Gates of Forgiveness is a little, gray-covered paperback book containing wonderful poetry and inspirational readings. We voice them aloud, responsively with Rabbi Kaplan. He will also deliver a meaningful message to add even more depth and receptivity. The melodies I am privileged to sing lift me as they waft toward places I can only hope to know — and there is no instrumental accompaniment, offering us a unique opportunity to simply reflect on our relationship with our Creator. We are, however, presented choruses to sing with gusto during the Havdalah portion, which opens the short but memorable service. What follows is more introspective, which I find most appealing in its unabashed, picturesque reality. For me, the melodies' impact has a way of heading right for my kishkehs (Yiddish for 'intestines'). The chants are deeply moving, full of long-overdue yearning to repent, to find and give forgiveness. The liturgy introduces the High Holy Days' message: This is the time we begin our quest to make right everything that was regrettable on our part in the past year, that we be absolved, and find mercy for those who may have also done the same to us.

We sing in all four cardinal directions, offering forgiveness to our loved ones, to our 'not' friends (supposed enemies), to ourselves, and God. This entire procedure is humbling yet gratifying, a lot like how wonderful breaking the fast after Yom Kippur is; so is dealing with our transgressions, large or small, and then being blessed to begin again with a refreshed spirit.

For the first time this season, we hear, "Sh'ma Koleinu" (Hear our voice). Musically, it's a virtual feast for me to sing and also an emotional experience for the dedicated listeners as well. Its translation begs: "Have compassion upon us and accept our prayer. Do not forget us when we are old, as our strength diminishes; do not abandon us." --- Wow! I get to sing this...I get to live this. And several weeks later, again, on Yom Kippur Day, we hear this time soaked, unforgettable melody by Max Helfman, dedicated (above the title) to the operatic and cantorial tenor, Jan Peerce.

CONTINUED NEXT PAGE

Cantor Koritan's message continued

Our fragility, dependent on God's mercy, is gripping. As your *Shaliach Tzibbur* (singing spokesman messenger of the community), I must convey the risky emotions which the liturgy, along with the melody, opens to us. With perseverance, the soul finds salves and satisfying answers which will be revealed in the coming weeks as the prescribed process unfolds, then takes over, and appears to conclude. However, tradition holds that instead it will stay with us, settle in, and hopefully bring about change and new inner growth as our faith in its inherent power renews itself. As author Jack Riemer concluded in his contribution to our little book, "Now is the Time," pp. 23-4: "Turn us around, O God, and bring us back toward You. Revive our lives, as at the beginning, and turn us toward each other, God, for in isolation, there is no life."

Every year with this being my 35th High Holy Days at TBS — please believe this: The music and prayers do make their way to all the right places when we commune, be it in person or on YouTube. Together, we can experience a beautiful beginning to this sacred and significant season, "The Days of Awe."

Baruch Koritan

HELP NEEDED

We are looking for a few men and women who would be willing to usher for the High Holidays. The job consists of checking tickets, handing out/receiving back Prayer Books and helping to get people into the Services. If you are willing to help and would like to know more, please contact Marilyn Meyerowitz: msmazpa@yahoo.com or 623.444.8746.

WEAR A TALLIT

A reminder, that anyone who carries a Torah, is called for an Aliyah, or sits on the Bimah is asked to wear a Tallit. Though this is not mandatory, it is in keeping with what Rabbi Kaplan thinks we should observe. Tallit are located at the base of the Bimah stairs.

FROM TBS Board 1st Vice President Gloria Bold



It's an honor to serve TBS as First Vice President It is important to work along closely with the Board President. which has been easy, and helped me learn even more about the workings of the Temple. I have been an active board member for four vears and have learned so much! It is a wonderful way to get involved and get to know so many members I have been director of the Programs Committee and have

worked with so many great volunteers. We started out having three fundraising events the first year, to having over eight events this past year. This year, we plan to have two major fundraisers that will include not only TBS members but hopefully attract others in the community. So be on the lookout for our "Dancing Through the Decades" night in the Fall, and the end of January our Las Vegas Casino Night! We are also planning to have a huge rummage sale in the spring, so start saving up your items! I enjoy knowing so many great members and working with them on several other committees

It has been very rewarding to have the adult education classes and learn more about Judaism. and how to deal with life issues. Having happy events, such as the Klezmer Band and pianist Nicole Pesce, gave me naches, as I watched people leave smiling and singing! We also have wonderful bakers who are always willing to bake for our events 1 look forward to getting to know our new members and helping them be involved in TBS life It has enriched my life more than I could have imagined.



of the West Valley

THE HIGH HOLY DAYS ARE UPON US

2025/5786

SELICHOT

Sat. Sept 13

Discussion & Oneg 5:00 PM Service 6:00 PM

EREV ROSH HASHADAH

Mon. Sept. 22 7:00 PM - 9:30 PM

ROSH HASHANAH MORNING

Tues Sept. 23 10 AM - 1 PM

TASHLICH

Fri. Sept. 26

Service in Biblical Garden 5:00 PM Potluck dinner 5:30 PM Shabbat Service 7:00 PM

KOL DIDRE

Wed. Oct.1 7:00 - 9:00 PM

YOM KIPPUR

Thurs. Oct. 2

MORNING 10:00 - 1:00 PM YIZKOR 3:30 - 4:25 PM NEILA 4:30 - 6:15 PM

Tickets are available for non-members. Please call the office at 623 977-3240. Non-member tickets are \$250 and tickets are required for all services. Partial tickets will not be issued.

Further information:

Templebethshalomaz@gmail.com or tbsaz.org

Temple Beth Shalom 12202 N 101st Ave. Sun City, AZ 85351



What's Up At TBS?

8/1

7 p.m. Friday Night Shabbat

Services

8/6

11 a.m. Torah Study

8/7

12:30 p.m. Lunch Bunch

8/8

7 p.m. Friday Night Shabbat

Services

8/13

11 a.m. Torah Study

1 p.m. General Board Meeting

8/15

7 p.m. Friday Night Shabbat

Services

8/20

11 a.m. Torah Study

8/22

7 p.m. Friday Night Shabbat Services

8/25

10 a.m. High Holy Days course

8/27

11 a.m. Torah Study

8/28

10 a.m. Forgiveness and Letting Go

course

8/29

7 p.m. Friday Night Shabbat Services

ANNOUNCEMENTS



OUT TO LUNCH BUNCH

The Out to Lunch Bunch will be meeting at 12:30 p.m. Thursday, Aug. 7, at Abuelos Mexican restaurant south of Bell and 83rd Avenue. Come join this fun group! Please RSVP to Ellyn Ventura 602-595-9303, 1bronxgal@gmail.com

TEMPLE BETH SHALOM GRATEFULLY ACKNOWLEDGES THE FOLLOWING DONATIONS

You may donate to the Temple in many ways. The designated Temple Funds are listed below with a brief description of each. When making your donation, please designate your fund of choice. Online donations can be made at <u>tbsaz.org</u>.

General Operating Fund	Prayer Books	Education
In Loving Memory of:	In Loving Memory of:	In Loving Memory of:
Paul Winegrad	Charles Hammerslag	Babette Himler
Launa Winegrad	Fred Friedman	Janet Rice
Samuel Gartenberg	Shelly Hammerslag	
Froma Allen	Harry A. Stein	Social Action
Anna Scheier	Alan Stone	In Loving Memory of:
Judith Adams	Benita Stein	Eliana Dubrin Menses
Sara Gordon		Joyce Gold
Mariane Anderson	Security Fund	
Ruth Oppenheimer	In Loving Memory of:	Happy Anniversary!
Neil & JoAnn Oppenheimer	Benjamin Bland	Alan & Marilyn Meyerowitz
William Most	Rose Bland	Ray and Shirley Beaser
Bella Spielman	Benita Stein	
Myrna Shanis	Robert D. Blum Jr.	Happy Anniversary!
Sylvia Meyerowitz	Reba M. Blum	Steve & Gloria Bold
Alan & Marilyn Meyerowitz	Nancy Urbach	Steve Siegel & Bob Koch
Alvin Max Zager	Bonnie Cutler	
Michael Zager Family	Dennis Cutler	In Loving Memory of:
	Marla Goldstein	Helene Fox
Rabbi's Discretionary Fund	Vicki Goldstein	Fay Henning-Bryant
In Loving Memory of:	Max Gushansky	Nancy Urbach
Richard & Lottie Gummers	Lou Gadless	Dennis Cutler
Claire & Pierre Flatowicz	Fola Miller	
Howard Goldstein	Leon Miller	In Loving Memory of:
Vicki Goldstein		Sara Amanda Gordon
	Endowment Fund	Ray and Shirley Beaser
Biblical Garden	In Loving Memory of:	Franco & Sharon Candelise
In Loving Memory of:	Martin Feldman	Fay Henning-Bryant
Estelle Schwartz	Marian Greenfest	Nancy Urbach
Judy & Larry Feinstein	Sara Jane Feldman	Dennis Culter

Honor the memory of a beloved family member or friend with a memorial plaque mounted in the Sanctuary. You may also celebrate a simcha with a leaf on our Tree of Life displayed in the lobby. For more information, contact Nan Rubin at 623.933.1412.

BIMAH FLOWER & FOOD BASKET FUND

Contributions are always appreciated. Make checks payable to TBS Sisterhood and send them to the office.



In Memory Of	Relationship	Contributor	Bimah Fund	Friday Night
Alvin Max Zager	Father	Zager Family	Flower Bouquet	8.1.25
Max Gushansky	Grandfather	Lou Gadless	Food Basket	8.8.25
Moise Ouzan	Father	Yvette Shuver	Flower Bouquet	8.15.25

CONTRIBUTIONS

Many people contribute to the Flower Bouquet & Food Basket Funds "in memory of," but did you know that you can also contribute to these funds "in honor of" to help someone special celebrate a birthday, anniversary or any other kind of Simcha?

This is Sisterhood's major fundraiser. We use it to make donations to local food banks, but the major portion is given to our Temple whenever a need arises, such as a copier, a computer and new kitchen appliances like a refrigerator and dishwasher. We are always there to help.

Please help by contributing.

BIMAH FLOWER & FOOD BASKET FUND

Contributions are always appreciated. Make checks payable to TBS Sisterhood and send them to the Temple office.

August Birthdays	
Armando Espinoza	Aug. 4
Ellyn (Lynn) Ventura	Aug. 4
Miriam Lent	Aug. 6
Carol Zingale-Dandoy	Aug. 6
Lorraine Stolove	Aug. 9
Jill Clements	Aug. 10
Michelle Bennett	Aug. 16
Michael Shaul	Aug. 16
Anthony Taddei	Aug. 16
Benita Stein	Aug. 18
Burt Stolove	Aug. 20
Steven Hechler	Aug. 22
Lila Hauptman	Aug. 26

August Anniversaries		
Burt & Lorraine Stolove	Aug. 2.	61st anniversary
Eugene & Judith Neigoff	Aug. 3.	50th anniversary
David & Pam Katz	Aug. 10	. 50th anniversary
Andrew & Shari Kirshner	Aug. 16	. 38th anniversary
Jack & Danielle Reed Tobey	Aug. 16	28th anniversary
Dr. Howard & Sally Lonn	Aug. 18	5. 57th anniversary
Lawrence & Minia Kalish	Aug. 20	. 58th anniversary

Forgiveness AND AND Letting Go



What can we do with all of the bad memories and experiences that we have gone through over the course of our lives?

One of the main goals of the Jewish High Holy Days is to forgive people who have wronged us. In this three-part series, we're going to look at the twin processes of forgiveness and letting go. We will see how they are appropriate in different circumstances and can help us to mature as human beings and stop being stuck in the past.

Forgiveness is a conscious decision to release feelings of resentment, anger and the desire for revenge towards someone who has hurt us. It's the process of acknowledging that harm and making a choice to move forward without being held captive by negativity. It is not a simple process.

Sometimes we may not be able to forgive, but we still need to move on. Other times the person who wronged us is unwilling or unable to explain themselves, or to acknowledge the harm that was done. At some point we will have to understand that we have reached the point that dwelling on what has happened in the past is simply unhealthy for us and it is time to wipe the slate clean and let the past live in the past.

By the end of this course, we will have explored the process of forgiving and letting go, enabling each participant to understand and apply the means to nurture our own emotions rather than appreciating the emotions of the other person. Bad people may be bad and they may remain bad...but we want to live whatever years are left to us with as much happiness and joy as possible.



Rabbi Evan Kaplan, Ph.D. is the spiritual leader of Temple Beth Shalom of the West Valley.

\$20 FOR MEMBERS \$35 FOR NON-MEMBERS

or I COUPON FROM BOOK

Books of 4 coupons is \$65 for members; \$120 for non-members Deadline for registration for this course is noon on August 20, 2025



12202 N. 101st Ave. - Sun City, AZ 85351 623.977.3240 - tbsaz.org



HIGH HOLY DAY

MONDAYS • AUGUST 25, SEPTEMBER 8 & 15 • 10:00 - 11:30 AM

Rosh Hashanah begins on the evening of Monday, September 22nd and Yom Kippur begins 10 days later. In contrast to some other Jewish holidays, the High Holy Days are spent primarily praying in synagogue. The more that we understand about what these holy days teach us and how we can engage with them spiritually as well as religiously, the more meaningful that they will be.

In three sessions, we will go through some of the major themes of these holy days. We will look at a few sample prayers and discuss some of the major traditions. We will discuss what we hope to accomplish emotionally over the high holy day period as well as what we can begin to do after this course begins.

The high holy day prayers speak in metaphors, utilizing many of the traditional theological categories of rabbinic Judaism. If you are not familiar with these categories, then many of the prayers can appear to be difficult to grasp. We will go through some of them and try to make them easier to undertand and make suggestions on how they can be looked at from different perspectives, depending on your personal perspective on life.



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\$20 FOR MEMBERS \$35 FOR NON-MEMBERS

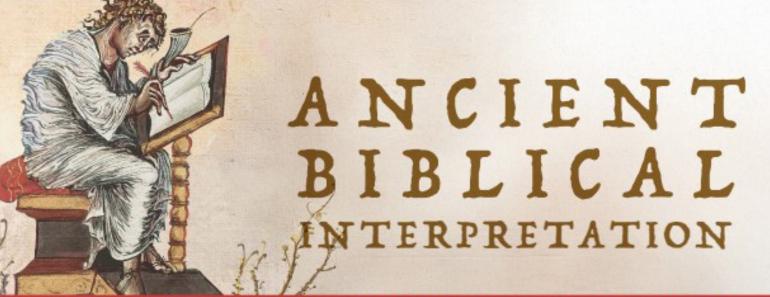
or 1 COUPON FROM BOOK

Books of 4 coupons is \$65 for members; \$120 for non-members Deadline for registration for this course is noon on August 20, 2025

This course if for all who have an interest in the Jewish holy days and want to learn about them and potentially get more out of them.



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WEEKLY STUDY GROUP • WEDNESDAYS • 9:00 – 10:30 AM BEGINNING SEPTEMBER 3, 2025

"Ancient Biblical Interpretation" is a new weekly study group which will be led by Rabbi Dana Evan Kaplan. Using James Kugel's "The Bible As it Was" as a text, the participants will discuss how the earliest interpreters of the scriptures radically transformed the Torah and made it into the document that has come down to us today. The course is designed for persons willing to make an on-going commitment to study.

Using biblical stories we know well, we will ask how and why the writers of this formative age of interpretation – roughly 200 B.C.E. to 150 C.E. – assumed such a significant role. Mining their writings – including the Dead Sea Scrolls, works of Philo and Josephus and letters of the Apostle Paul, and writing of the Apostolic Fathers and the rabbinic Sages – we will read short selections from the actual texts that uncover this crucial interpretive process.

Going over every detail in the Torah's stories, prophecies, and laws, these interpreters let their own theological and imaginative inclinations radically transform the Bible's very nature. Their sometimes surprising interpretations soon became the generally accepted meaning. These interpretations, and not the mere words of the text, became the Torah.

\$20 PER PERSON PER MONTH

\$35 PER PERSON PER MONTH

or 1 COUPON PER MONTH

The study group will meet weekly on Wednesday mornings from 9:00 – 10:30 AM, beginning September 3, 2025. New participants may join any time. Participants will need to provide a personal copy of Kugel's book – "The Bible as it Was" and a copy of the Bible.

Payment is required at the beginning of each month. Contact the Temple Office at 623-977-3240 to sign up for the course, purchase coupon books (if desired) and make payment before September 3.





א בבגדה ו גדהוזחטי

YOU NEED CLASSES!

ALEF — BET: BEGINNING HEBREW FOR ADULTS

OPEN TO ALL ADULTS – JEWISH AND NON-JEWISH – WHO WOULD LIKE TO LEARN BASIC HEBREW

TUESDAYS • 10:00 - 11:30 AM

OCTOBER: 7, 14, 21, 26 NOVEMBER: 4, 11, 18, 25 DECEMBER: 2, 9, 16, 23

It's never too late to learn to read Hebrew! Here is your chance. Beginning from scratch, we will go through each of the Hebrew letters as well as each vowel and explain how you put together sounds and eventually words.

This will be a basic, yet simple course for those who would like to read prayer book Hebrew. It will require some practice at home and some perseverance after the course ends but it is definitely possible to learn to read the Hebrew letters from the prayer book. Even if you are not entirely successful, the familiarity with Hebrew that you will acquire will make you feel more connected to the Friday night prayer service and Judaism as a whole.

This three month course will be taught by Mariane Anderson, a TBSWV member with many years of experience teaching Hebrew to children and adults. She has taught group classes as well as tutoring 1 to 2 students. Her previous students will tell you that she is very patient.



MARIANE SAYS

"Teaching adults is no more difficult than teaching a room full of fourth graders who would rather be playing video games."

The cost for the 12-week course is \$35 per month, which includes all course materials.

Contact the Temple Office at 623-977-3240 to register and make payment. Deadline for registration is October 1, 2025.

Temple Beth Shalom Social Action Item to bring this month of August

PAPER GOODS

All of this will be benefiting the Valley View Food Bank

The Committee is asking you to bring a paper type item this month and place it in the designated space in the lobby



The Committee thanks you, the Food Bank thanks you, but most of all, you will be helping those that are really in need.

TEMPLE BETH SHALOM of the West Valley

We invite EVERYONE – Individuals, couples, and families – to be a part of our congregation. At Temple Beth Shalom of the West Valley, we celebrate Shabbat together, study Torah together, volunteer for social action projects together, and connect to Israel through food, wine, and folklore.



We are a Reform Jewish congregation serving the entire West Valley, all the Sun Cities, and Avondale, Buckeye, El Mirage, Glendale, Goodyear, Litchfield Park, Peoria, Phoenix, Surprise and Tolleson, Tonopah, Waddell and Youngtown.

Whether you are single or partnered, were born Jewish, are a Jew-by-Choice, in an interfaith family or are thinking about or interested in Judaism ... there is a place for you to join our temple family.

Worship with our rabbi and our cantor as we celebrate Shabbat with inspiring Friday night services at 7 p.m. Following services, we flock to the social hall for an Oneg. Join us for our monthly Saturday morning informal Shabbat with guitar service and a potluck brunch. Sign your children up for our religious school.

With great joy we celebrate the holidays of the Jewish calendar from Sukkot to Chanukah and Purim to Passover.

Come and visit ... and stay! We'd love to hear from you! There's a place here that only you can fill. We are conveniently located near Grand Avenue in Sun City: 12202 N. 101st Ave.

Go to our website, tbsaz.org, or contact the Temple office at 623.977.3240 or templebethshalomaz@gmail.com to learn more about what Temple Beth Shalom has to offer!

LEAVE AN EVERLASTING DEDICATION

BY PURCHASING A BRICK WITH YOUR PERSONAL INSCRIPTION ENGRAVED AND PLACED OUTSIDE SURROUNDING THE TEMPLE BETH SHALOM MENORAH.



Thank you for your participation in this important project. If you have questions, please feel free to contact the Temple Office at 623-977-3240 or templebethshalomaz@gmail.com. I/We are purchasing (number of bricks). The cost of each standard sized brick is \$100. You can also add a logo/graphic for an additional \$36 or order an 8"x 8" brick with 6 lines for an additional \$100 each. Contact the Temple Office for more information. Total amount enclosed \$______ To expedite your order, enter your information at www.bricksrus.com/donorsite/tbsbricks If you prefer, please fill out the form below and return it to the office. 12202 N 1012 Ave. Sun City, AZ 85351

Maximum of 21 characters per line including spaces. All wording will be centered.

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CARING COMMITTEE

Ellyn Ventura is our new Caring Committee Chair.

If you are ill or know someone who is ill and needs our prayers, please contact Ellyn at 602 595-9303 or 1bronxgal@gmail.com

TREE OF LIFE



Consistent with our belief, our Tree of Life on the Lobby wall next of the office commemorates simchas and life cycle events, such as special birthdays, anniversaries or Bar & Bat Mitzvahs with an engraved leaf. We look forward to members making a contribution to the Temple and honoring their loved ones or commemorating an event by adding a leaf to the tree in their name. Each life is a \$200 donation to the synagogue. This is a lovely way to commemorate a special milestone for your family and support Temple Beth Shalom.

Please call Nan Rubin-Lieber at 623.933.1412 or the Temple office at 623.977.3240 to order you special leaf.

Please use this form so Make check paya Temple Beth Shal	that your donation can be properly allocated. ble to TEMPLE BETH SHALOM and mail to: om 12202 N 101st Ave. Sun City, AZ 85351 n be made on our website at tbsaz.org
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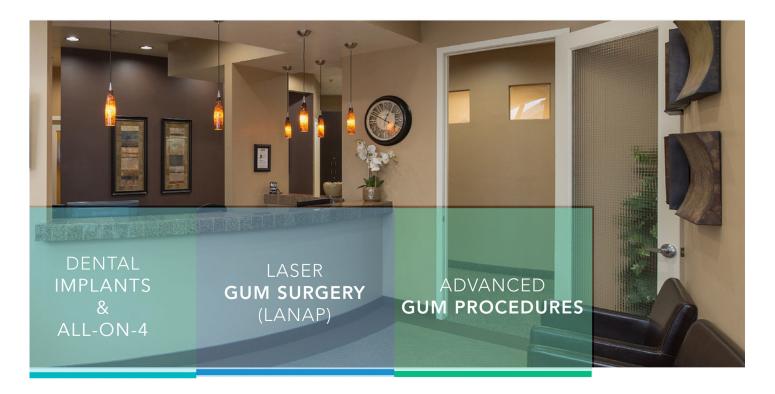
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Dr. Joshua Mondlick

Board Certified Periodontist

and Implant Surgeon

8671 W. Union Hills Drive #501 Peoria, AZ 85382 info@MondlickPerio.com

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